



Lake Effect  
C H U R C H

ReStoried by \_\_\_\_\_  
Part 6: Self-Control

June 19, 2022

Galatians 5:22-23 NLT

22 But the Holy Spirit produces this kind of fruit in our lives: love, joy, peace, patience, kindness, goodness, faithfulness, 23 gentleness, and self-control. There is no law against these things!

Galatians 5:13-14 NLT

For you have been called to live in freedom, my brothers and sisters. But don't use your freedom to satisfy your sinful nature. Instead, use your freedom to serve one another in love. For the whole law can be summed up in this one command: "Love your neighbor as yourself."

Philippians 2:12-13 NLT

Dear friends, you always followed my instructions when I was with you. And now that I am away, it is even more important. Work hard to show the results of your salvation, obeying God with deep reverence and fear. 13 For God is working in you, giving you the desire and the power to do what pleases him.

Proverbs 25:28

"A man without self-control is like a city whose walls have been broken through"

What is the Goal?

Galatians 5:22-23 NLT

22 But the Holy Spirit produces this kind of fruit in our lives: love, joy, peace, patience, kindness, goodness, faithfulness, 23 gentleness, and self-control.

Matthew 20:28 NLT

For even the Son of Man came not to be served but to serve others and to give his life as a ransom for many."

## What is the Problem?

Galatians 4:8-9 NLT

8 Before you Gentiles knew God, you were slaves to so-called gods that do not even exist. 9 So now that you know God (or should I say, now that God knows you), why do you want to go back again and become slaves once more to the weak and useless spiritual principles of this world?

Romans 7:15-17 NLT

I don't really understand myself, for I want to do what is right, but I don't do it. Instead, I do what I hate. 16 But if I know that what I am doing is wrong, this shows that I agree that the law is good. 17 So I am not the one doing wrong; it is sin living in me that does it.

2 Corinthians 12:9 NLT

9 Each time he said, "My grace is all you need. My power works best in weakness." So now I am glad to boast about my weaknesses, so that the power of Christ can work through me.

## Why it Will Happen

Galatians 5:13-14 NLT

13 For you have been called to live in freedom, my brothers and sisters. But don't use your freedom to satisfy your sinful nature. Instead, use your freedom to serve one another in love. 14 For the whole law can be summed up in this one command: "Love your neighbor as yourself."

## How Will it Happen?

Galatians 5:16-17 NLT

16 So I say, let the Holy Spirit guide your lives. Then you won't be doing what your sinful nature craves. 17 The sinful nature wants to do evil, which is just the opposite of what the Spirit wants. And the Spirit gives us desires that are the opposite of what the sinful nature desires. These two forces are constantly fighting each other, so you are not free to carry out your good intentions.

Galatians 5:19-21 NLT

19 When you follow the desires of your sinful nature, the results are very clear: sexual immorality, impurity, lustful pleasures, 20 idolatry, sorcery, hostility, quarreling, jealousy, outbursts of anger, selfish ambition, dissension, division, 21 envy, drunkenness, wild parties, and other sins like these. Let me tell you again, as I have before, that anyone living that sort of life will not inherit the Kingdom of God.